



What is your major complaint? \_\_\_\_\_

How long? \_\_\_\_\_ Is it getting worse? \_\_\_\_\_

Have you had a similar condition before? \_\_\_\_\_

Other complaints? \_\_\_\_\_

How long? \_\_\_\_\_ Is it getting worse? \_\_\_\_\_

Similar condition before? \_\_\_\_\_

Off work?  YES  NO Trouble sleeping?  YES  NO Other? \_\_\_\_\_

Have you been in an auto accident?  YES  NO When? \_\_\_\_/\_\_\_\_/\_\_\_\_

Are you wearing supports in your shoes?  YES  NO Age of mattress? \_\_\_\_\_

How often do you experience your symptoms?

- 1. Constantly (76-100% of the day)
- 2. Frequently (51-75% of the day)
- 3. Occasionally (26-50% of the day)
- 4. Intermittently (0-25% of the day)

What describes the nature of your symptoms?

- 1. Sharp
- 2. Dull ache
- 3. Numb
- 4. Shooting
- 5. Burning
- 6. Tingling

**During the past 4 weeks:**

1. Indicate the average intensity of your symptoms

none unbearable

①    ②    ③    ④    ⑤    ⑥    ⑦    ⑧    ⑨    ⑩

2. How much has pain interfered with your normal work?  
(including both work outside the home and housework)

- 1. Not at all
- 2. A little bit
- 3. Moderately
- 4. Quite a bit
- 5. Extremely

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Contact information of nearest relative not living in your home:

Name: \_\_\_\_\_ Phone #: (\_\_\_\_\_)\_\_\_\_\_- \_\_\_\_\_

Relationship: \_\_\_\_\_